

I. PHILOSOPHY/GOALS

This theory course will discuss the use of activation to assist consumers who require rehabilitation. It will also prepare the student to assist consumers with taking their prescribed medications. The student will acquire the skills to communicate with consumers who are cognitively impaired and/or have a psychosocial condition. They will learn how to identify consumers at risk of abuse or who have been abused. They will learn strategies for coping with consumers with behaviours that are challenging. The student will learn to care for terminally ill and dying consumers.

II. LEARNING OUTCOMES:

Upon successful completion of Practicum B course the student will have the ability to:

1. Define rehabilitation and identify the members of the rehabilitation team.
2. Identify the physical, psychological, social and spiritual considerations associated with rehabilitation.
3. Identify the responsibilities of the PSW in rehabilitation.
4. Recognize various devices and equipment that may be used by the consumer.
5. Define the term activation, explain the difference between sedentary and participatory activities.
6. Describe the benefits of activation.
7. Describe the role of the consumer's previous lifestyle and skills in planning for activation.
8. Describe the importance of encouraging the consumer to participate in activities within their capabilities.
9. Identify common medications, routes and the safety implications for drug administration.
10. Describe the role of the PSW in **assisting** the consumer with taking their medications.
11. List common drug side effects, and identify common drug classifications.

II. LEARNING OUTCOMES:

12. Explain why oxygen is regarded as a medication, and identify precautions when oxygen is in use.
13. Differentiate between acute and chronic confusion.
14. Define and identify common symptoms of cognitive impairments.
15. Identify the stages of Alzheimer's Disease.
16. Identify helpful measures to assist you in caring for the cognitively impaired individual.
17. Identify feelings, both personal and of society, related to psychosocial conditions.
18. Define common mental illnesses that can affect the consumer.
19. Identify some common behaviours such as indicators of suicidal behaviours that indicate a consumer may have a psychosocial condition.
20. Identify measures a PSW can plan to do to support consumers with psychosocial conditions.
21. Describe the various types of abuse.
22. Identify personal feelings about family violence.
23. Describe abuse as an issue of power and control.
24. Identify signs of possible abuse, and the appropriate actions to be taken in reporting concerns of abuse.
25. Define challenging behaviours.
26. Identify behaviours that may be caused by a variety of factors, such as the environment, interpersonal relationships or physical needs.
27. Identify behaviours that indicate a need for physical restraints and identify environmental safety measures to use when a consumer is in a physical restraint.
28. Identify their feelings and attitudes about the following: death and dying, Do Not Resuscitate, living wills and refusal to accept treatment.

II. LEARNING OUTCOMES:

29. Identify measures a PSW can do to assist the family of a consumer who is dying
30. Identify measures a PSW can do to promote effective care of a consumer who is dying.

III. TOPICS

- 1) Rehabilitation
- 2) Activation
- 3) Devices and equipment used by consumers
- 4) Assisting with medications
- 5) Oxygen seen as a medication and safety measures around it.
- 6) Cognitive impairments (Alzheimer's Disease)
- 7) Common psychosocial conditions
- 8) Anxiety, depression, bipolar affective disorders and schizophrenia
- 9) Suicidal behaviours
- 10) Family Violence
- 11) Challenging behaviours
- 12) Use of restraints and safety measures
- 13) Palliative care.
- 14) Do Not Resuscitate, living wills and refusal to accept treatment

IV. REQUIRED RESOURCES / TEXTS / MATERIALS

Refer to Modules 43 - 50 in PSW 104 workbook.

V. GRADING / EVALUATION PROCESS

Will be discussed in first weeks of classes

VI. SPECIAL NOTES

Special Needs

If you are a student with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493, 717, 491 so that support services can be arranged for you.

VI. SPECIAL NOTES

Retention of Course Outlines

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Course Modification

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.